

Commissioning Plan

Community Dementia Support

2021 to 2027

Introduction

What is dementia?

Dementia is a syndrome (a group of related symptoms) associated with an ongoing decline of brain functioning, but it is not an inevitable part of ageing¹. The main types of dementia include Alzheimer's disease and vascular dementia, although there are over 200 different types of dementia.

Nationally, 1 in 14 people over the age of 65 have dementia, and it affects 1 in 6 people over 80. People under the age of 65 can be diagnosed with Young Onset Dementia – the prevalence is lower but the impact just as significant.

The number of people with dementia is increasing because people are living longer. It is estimated that by 2025, the number of people with dementia in the UK will be more than 1 million².

The most common symptom of dementia is memory loss, but it can also affect the way an individual speaks, thinks, feels and behaves. Other symptoms include difficulties with problem-solving or language, mood changes, problems with communication and reasoning, spatial awareness and difficulties with movement and doing daily activities. Dementia can affect all aspects of a person's life, as well as the lives of those around them, particularly their family carers and supporters.

Living well with dementia

At present, dementia is incurable and progressive, but medication and other social interventions can lessen symptoms for a time, enabling people to live well with dementia. The NHS advises:

"If you have been diagnosed with dementia, it's important to remember that:

- You're still you, even though you have problems with memory, concentration and planning
- Everyone experiences dementia differently
- Focusing on the things you can still do and enjoy will help you to stay positive
- With the right help and support when you need it, many people can, and do, live well with dementia for several years"³

Purpose of this Community Dementia Commissioning Plan

This Plan will:

1. Introduce the background to and scope of the Plan, including the national and local context and impact of the COVID-19 pandemic on people living with dementia
2. Set out Sheffield City Council's strategic aim, with principles and objectives in relation to community dementia support
3. Update on the 'Commissioning Plan for Community Dementia Services 2018-19 to 2021-22' with feedback on how it is working in practice
4. Outline how the Council will spend the community dementia support budget (approximately £449,000 per annum) to help people to live well with dementia in their local community

¹ NHS, <https://www.nhs.uk/conditions/dementia/about/>

² NHS, <https://www.nhs.uk/conditions/dementia/about/?tabname=symptoms-and-diagnosis>

³ NHS, Living Well with dementia, <https://www.nhs.uk/conditions/dementia/living-well-with-dementia/>

1. Introduction

Background and scope

This commissioning plan concentrates, in the main, on non-medical, social, community activities and services for people with dementia and/or their family or carers – i.e. people with dementia who are living in their own home, in their community. It focuses in the main on those with dementia aged 65 and over, although these services can be accessed by those aged under 65 if they wish. A specific service catering for the needs of under 65s with Young Onset Dementia has already been commissioned and will continue and is therefore outside of the scope of this Plan.

This Plan also covers support for professionals who are supporting people living with dementia, with the aim of creating a dementia-friendly Sheffield.

This Commissioning Plan continues the work begun in the Commissioning Plan for Community Dementia Services 2018-19 to 2021-22⁴, which was part of a long-term vision to invest in dementia community activities and services.

Dementia Day Services are now being considered under commissioning for ‘Dementia Daytime Opportunities’ in 2021 and are therefore out of the scope of this work. These will therefore be the subject of a separate Commissioning Plan and Cabinet Report. Also out of scope of this piece of work is formal, emergency respite, EMI care home placements and any CQC registered services.

The commissioning intentions described in this Plan build on the work done by community dementia providers since 2018-19, while offering solutions to the non-medical social gaps identified by people living with dementia, their family carers, and professionals.

National context

Lancet Commission

A 2020 update to the 2017 Lancet Commission on dementia, while adding 3 new risk factors for the development of dementia, highlights that “Wellbeing is the goal of much of dementia care. People with dementia have complex problems and symptoms in many domains. Interventions should be individualised and consider the person as a whole, as well as their family carers. Evidence is accumulating for the effectiveness, at least in the short term, of psychosocial interventions tailored to the patient's needs, to manage neuropsychiatric symptoms. Evidence-based interventions for carers can reduce depressive and anxiety symptoms over years and be cost-effective.”⁵

Impact of the COVID-19 pandemic nationally

⁴ Dementia Commissioning, <http://democracy.sheffield.gov.uk/ieDecisionDetails.aspx?Id=2149>

⁵ The Lancet, Dementia prevention, intervention, and care: 2020 report of the Lancet Commission, [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)30367-6/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)30367-6/fulltext)

Since the last Dementia Commissioning Plan, the world has faced the COVID-19 pandemic. A study in August 2020 by the London School of Economics & Political Science and University College London⁶ showed that people with dementia accounted for 25% of all COVID-19 related deaths in England and Wales up to that point. In addition, there will be longer term affects from Shielding, increased social isolation, reduced opportunity for physical movement and greater burdens placed on family carers. Individuals living with dementia and their carers have been disproportionately affected by the pandemic and will need greater support in the future.

Just a few months into the pandemic, in July 2020, an Alzheimer's Society survey⁷ found that since the start of Lockdown 1 for people living with dementia:

- 76% had seen a deterioration in their dementia
- 36% had lost confidence in going out and carrying out daily tasks
- 46% felt it had impacted on their mental health
- 35% felt more lonely

For people living with dementia, the most common symptoms reported as having increased were difficulty concentrating (48%), memory loss (47%), and agitation / restlessness (45%). The longer the pandemic continues, these figures are likely to increase. This highlights the clear benefits to people's physical and mental health of being able to be part of their local community.

In November 2020, Carers UK released research into carers' experiences during the COVID-19 pandemic which showed that "More than three quarters (78%) of carers reported that the needs of the person they care for have increased recently."⁸

Living well with dementia

An Alzheimer's Society report⁹ published in October 2020, suggested that nationally, interventions to support people to live well with dementia are not always tailored to individual preferences and that provision should reflect the diversity of society, considering future population trends and needs. The same report highlighted that nationally "Few non-pharmacological interventions are provided after the initial diagnosis" and that there should be "More opportunities within the pathway to access post-diagnostic support interventions, both for people with dementia and for carers". Sheffield has made progress to offer such support, and this national study suggests it should continue to be provided.

Guidance produced by the Local Government Association, explains that "enabling people with dementia to take part in 'everyday activities' – to meet up with friends, take part in sporting activities, enjoy green space, go shopping – is key not only to enabling them to live healthier and

⁶ International Long-Term Care Policy Network, Impact and mortality of COVID-19 on people living with dementia: cross-country report, 2020, <https://ltccovid.org/2020/08/19/impact-and-mortality-of-covid-19-on-people-living-with-dementia-cross-country-report/>

⁷ Alzheimer's Society, The impact of COVID-19 on people affected by dementia, 2020, https://www.alzheimers.org.uk/sites/default/files/2020-08/The_Impact_of_COVID-19_on_People_Affected_By_Dementia.pdf

⁸ Carers UK, Unseen and undervalued: the value of unpaid care provided to date during the COVID-19 pandemic, 2020, <https://www.carersuk.org/for-professionals/policy/policy-library/unseen-and-undervalued-the-value-of-unpaid-care-provided-to-date-during-the-covid-19-pandemic>

⁹ Alzheimer's Society, From diagnosis to end of life: the lived experiences of dementia care and support, 2020, <https://www.alzheimers.org.uk/about-us/policy-and-influencing/from-diagnosis-to-end-of-life>

more fulfilling lives, but to reducing and delaying their dependence on expensive health and social care services.”¹⁰

There are many benefits to supporting a person with dementia to stay mentally and physically active by taking part in meaningful activities. The benefits of such activities range from encouraging independence, to social inclusion and aiding channels of expression and communication – with resultant overarching benefit to the person’s feeling of self-worth and wellbeing.

Local context

Prevalence

It is estimated that the prevalence of people living with dementia in Sheffield is around 7,000, which is 1.21% of the population.¹¹

The graphs below show the number of people aged 65+ predicted to have dementia within Sheffield, which show that the incidence is expected to increase.

Graph 1¹² shows the predictions made in 2017, whilst Graph 2¹³ shows the predictions made in 2020, still with an increase, but at a marginally slower rate overall.

Graph 3¹⁴ shows the projections of the number of people predicted to have young onset dementia in Sheffield.

¹⁰ Local Government Association, Dementia Friendly Communities: Guidance for Councils, <https://www.local.gov.uk/creating-dementia-friendly-communities-resources>

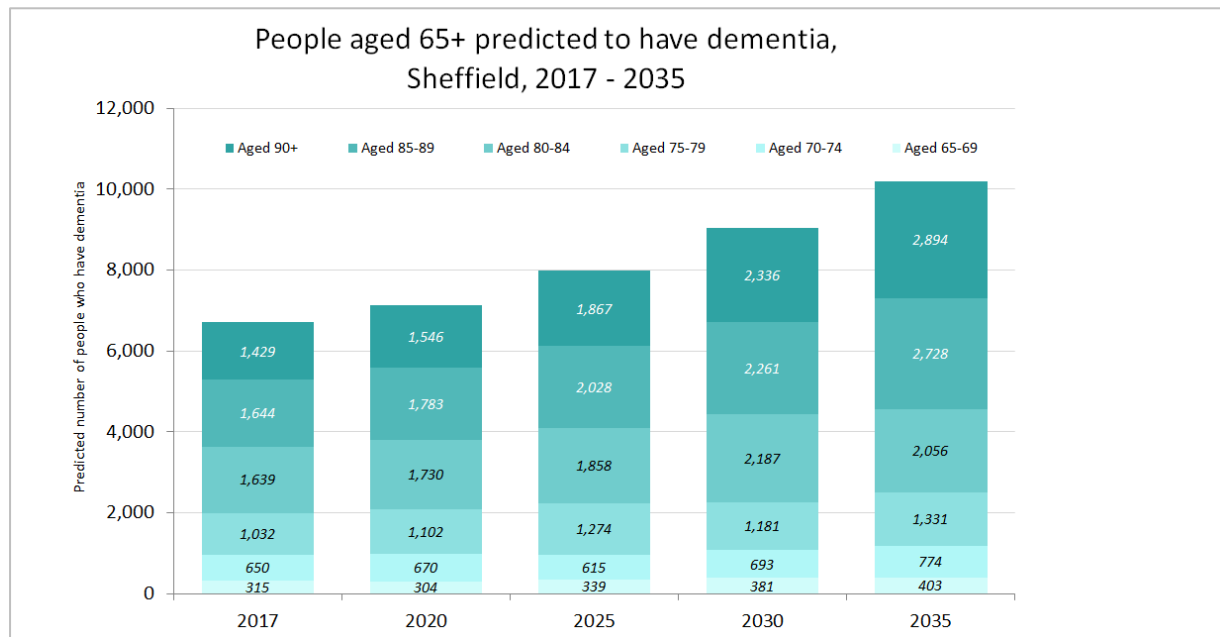
¹¹ Sheffield Joint Strategic Needs Assessment, <https://sheffieldcc.maps.arcgis.com/apps/Cascade/index.html?appid=64e9dcb79b8141f384cdee38c53a7b9b>

¹² Ibid.

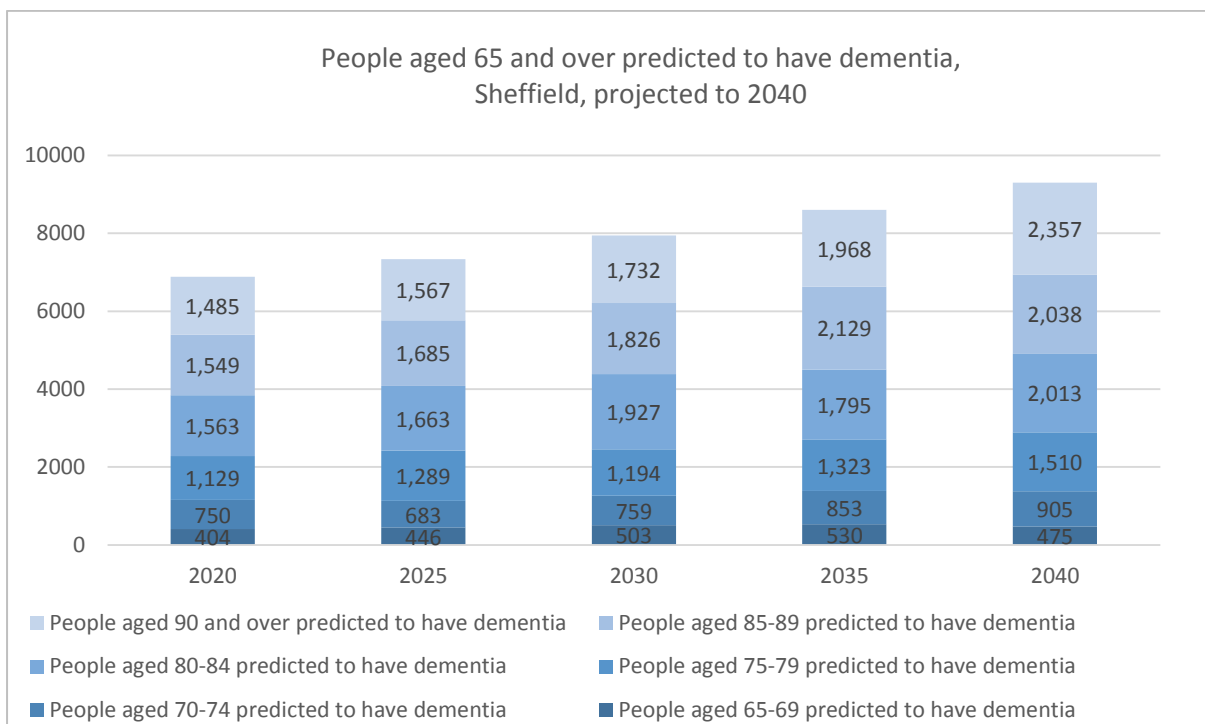
¹³ Projecting Older People Population Information System, <https://www.poppi.org.uk/index.php?pageNo=314&mapOff=1>

¹⁴ Projecting Adults Needs and Information System, <https://www.pansi.org.uk/index.php?pageNo=408&arealD=8384&loc=8384&mdvis=1>

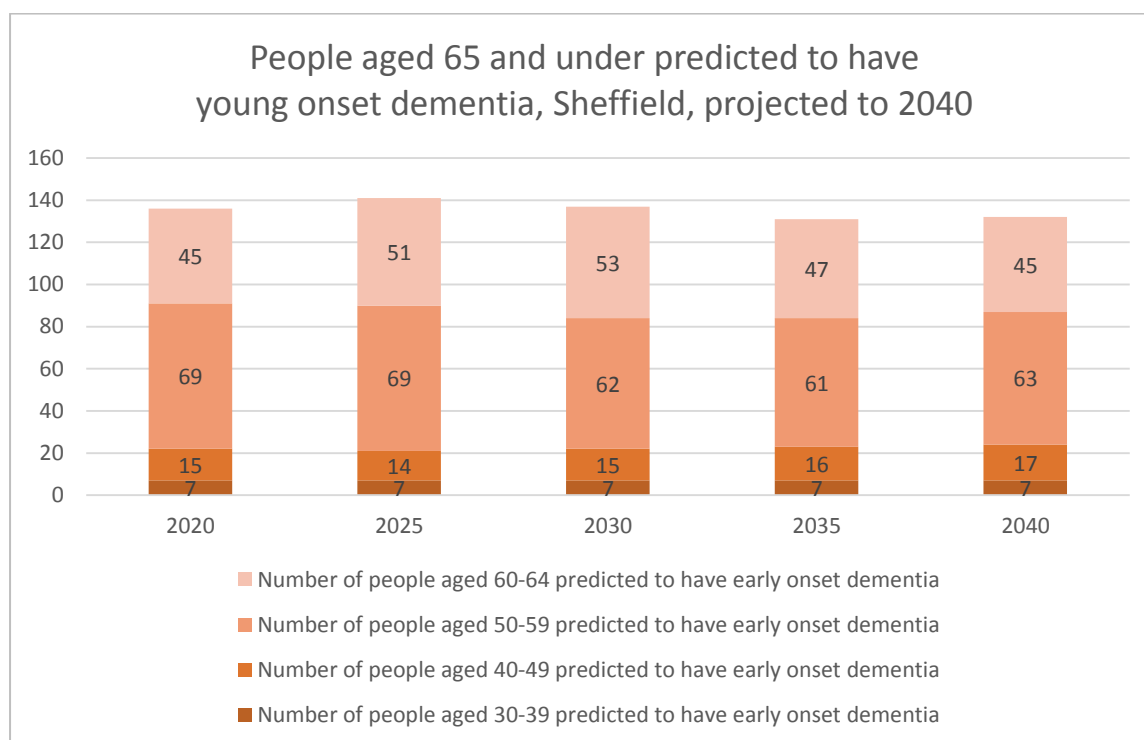
Graph 1



Graph 2



Graph 3



Sheffield Dementia Strategy Commitments

Following the Department of Health's launch in 2015 of the 'Prime Minister's Challenge on Dementia 2020'¹⁵, public, voluntary, community and private sector organisations across Sheffield have worked together to improve the care and support for people of all ages living with or caring for those living with dementia to enable them to live life to their full potential.

One of the outcomes of this work was the development of a fully co-produced Sheffield Dementia Strategy 2019-24¹⁶ which describes 13 Commitments. This Commissioning Plan will support the delivery of the following Dementia Strategy Commitments in particular:

- Commitment 4: For people with dementia, support in Sheffield will be more personalised, local and accessible to help people to remain as independent for as long as possible
- Commitment 5: We will provide high quality support to families and carers of people with dementia in Sheffield to help people with dementia maintain their independence as long as possible
- Commitment 10: Care and support services will take account of the needs of people with dementia.

Citywide delivery against the Dementia Strategy Commitments is being measured via the Dementia Strategy Implementation Group and its multi-agency working groups. It includes baseline data and key measurable targets, as well as progress reporting to local people with dementia and their family carers.

¹⁵ Prime Minister's Challenge on Dementia 2020, <https://www.gov.uk/government/publications/prime-ministers-challenge-on-dementia-2020>

¹⁶ Sheffield Dementia Strategy Commitments 2019-24, <https://www.sheffieldccg.nhs.uk/our-projects/sheffield-dementia-strategy-commitments.htm>

Sheffield Joint Health and Wellbeing Strategy

This Dementia Commissioning Plan also fits with the aims of the Sheffield Joint Health and Wellbeing Strategy 2019-2024,¹⁷ in particular:

- Living Well
 - Everyone has a fulfilling occupation and the resources to support their needs
- Ageing Well
 - Everyone has equitable access to care and support shaped around them
 - ‘A... person-centred approach must be taken to understand what is most important to any given person and how they may be enabled to care for their own health and live a meaningful life within the confines of their illness’
 - Everyone has the level of meaningful social contact that they want

Shaping Sheffield 2019-24

Another citywide plan within which this Dementia Commissioning Plan aligns is Sheffield Accountable Care Partnership’s Shaping Sheffield vision.¹⁸

- Delivery priorities
 - Neighbourhood Development
 - Ageing Well
- Principles and values
 - A population focused approach
 - A preventive approach built into delivery at all levels of complexity
 - Care closer to home or a home via neighbourhood, localities hubs
 - A focus on reducing health inequalities in Sheffield
 - Effective and efficient use of resources whilst assuring safety and effectiveness

Sheffield Carers Commissioning Plan

The work delivered by the Dementia Commissioning Plan will feed into the work delivered by the Commissioning Plan for Carers 2020-2024, as support for people with dementia will in turn provide support for their family carers.

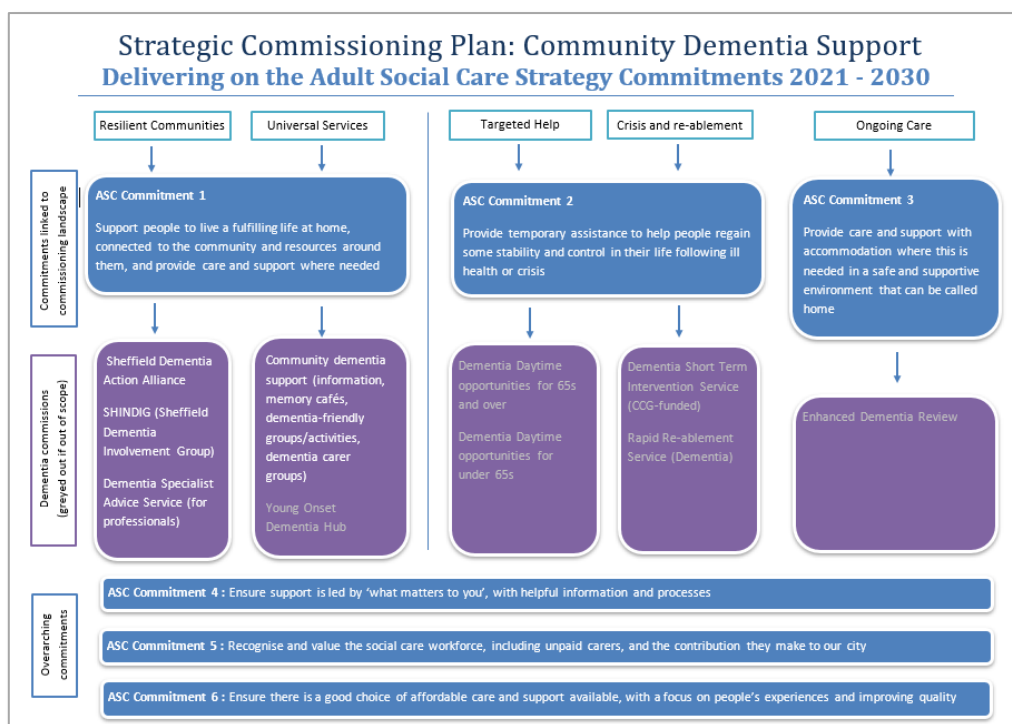
Sheffield Adult Social Care Strategy

In autumn 2020 the Council consulted on its Adult Social Care Strategy Commitments for 2021-30. Although the final version of the strategy and commitments are still under review, the Community Dementia Commissioning Plan has been aligned to the commissioning models of care described below.

Please note that the diagram also includes (greyed out) wider dementia services outside the scope of this Community Dementia Commissioning Plan.

¹⁷ Sheffield Joint Health and Wellbeing Strategy 2019-2024, <http://democracy.sheffield.gov.uk/documents/s34527/2%20Joint%20Health%20Wellbeing%20Strategy%202019-24.pdf>

¹⁸ Shaping Sheffield 2019-24, <https://www.sheffielddcp.org.uk/content/uploads/2020/02/Shaping-Sheffield-Main-Doc-Final.pdf>



Sheffield City Council People Portfolio Strategic Objectives 2021-22

The Portfolio's approach centres on all-age prevention and early help. This Dementia Commissioning Plan will deliver on the Portfolio's Strategic Objectives:

- Increase equality, resilience and inclusion
- Thriving communities where people like to live
- People are and feel safe
- People are independent and can achieve their potential
- People are healthier and happier

Impact of the COVID-19 pandemic locally

The current Commissioning Plan was only just over a year into delivery when the COVID-19 pandemic struck. Services were forced to adapt rapidly and creatively in the face of the first and subsequent lockdowns, as well as ongoing social-distancing restrictions. Provision moved online, via the telephone and by way of post and doorstep deliveries. Providers had to entirely change their planned delivery.

For some services, there was positivity: "COVID has helped us as a new service to become more established and recognised as professionals are looking for support". For some people with dementia receiving community dementia support it was a lifeline: "When this Coronavirus happened you've been absolutely wonderful and kept us all in contact and I'm sure we wouldn't have coped like we do without you". However, there were obvious difficulties and barriers to participation, as well as a heavy and intense workload for dementia workers with caring natures.

The current 'system' of community dementia support has started well since 2019 but has not yet had a prolonged length of stable time to become embedded.

2. Strategic Aim

Commissioning Principles and Objectives

Dementia Commissioning Principles

The Council's Commissioning Principles in the previous Dementia Commissioning Plan were based on consultation feedback and information from the Lancet Commission on Dementia and the Prime Minister's Challenge 2020. In the light of research surrounding the impact of the COVID-19 pandemic and the recent findings in the Alzheimer's Society report mentioned above, these still align and therefore have not changed.

1. To support people with dementia and their families to:
 - Develop and build resilience
 - Access suitable relevant and timely information and advice
 - Access good quality community support
 - Remain independent, safe and well for as long as reasonable
2. To develop 'dementia friendly communities' in Sheffield, in which people with dementia are empowered to have high aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them.

Dementia Commissioning Objectives

Again, based on feedback from people with dementia and their families, national research, and local knowledge, to meet our commissioning principles from late 2021 onwards, we will continue to work towards the six Commissioning Objectives:

1. To ensure people receive good quality information, advice and guidance at the right time
2. To ensure people and their families are listened to and involved in future service shaping
3. To invest in building capacity within organisations and upskilling our communities to support people with dementia (i.e. providing advice to organisations about making services and activities more dementia friendly and offering training and awareness sessions)
4. To invest in the local voluntary, community and faith sector
5. To increase the number and range of activities across the city for people with dementia and their families, enabling people to live well, at home, for longer
6. To focus on prevention and increasing awareness about how lifestyle changes can reduce the risk of developing dementia

Commissioning Activity

Our Principles and Objectives will be achieved through three strands of dementia commissioning activity:

1. Continuing most current services in the ongoing wake of the pandemic, allowing them to continue to develop
2. Re-aligning some current services to ensure they better meet local needs
3. Commissioning a new service to fill an identified gap in support

3. Update on current Dementia Commissioning Plan

Existing Services

Currently, the Council funds the following community dementia services/activities:

Sheffield City Council funding	Description
Dementia Specialist Advice Service (for professionals)	<ul style="list-style-type: none">• Link all those newly diagnosed with dementia from the Memory Service and Neurology to their local community dementia provision• Provide dementia guidance for professionals• Provide dementia training for professionals• Advise on dementia case reviews
Community dementia provision (x 18 partnerships covering the whole of Sheffield)	<ul style="list-style-type: none">• Initial phone call on referral from Dementia Specialist Advice Service and six-monthly check-in call thereafter• Provide dementia information, advice and support• Run regular dementia-specific and dementia-friendly groups• Dementia Small Grant pot
4 Dementia Cafes	<ul style="list-style-type: none">• Run a monthly memory café in a specific location• Provide dementia information, advice and support
Sheffield Dementia Action Alliance	<ul style="list-style-type: none">• Help organisations/communities make their activities/services more accessible to people with dementia and their family/carers• Upskill the workforce and volunteers of local organisations• Encourage organisations/communities to work towards becoming Dementia Friendly Communities
SHINDIG (Sheffield Dementia Involvement Group)	<ul style="list-style-type: none">• Run four events each year to hear user voice feedback on dementia services and issues• Run four planning events each year• Produce and share a report about each event
TOTAL	£449,000 per year

Outside of the scope of this Commissioning Plan (current contract October 2020-March 2025):

Young Onset Dementia Hub	<ul style="list-style-type: none">• Provide specific young onset dementia information, advice and guidance• Provide and connect people with young onset dementia (aged under 65) into activities, groups, courses or support specific to living well and remaining independent with young onset dementia, and if appropriate, remaining in work.
TOTAL	£10,000 per year

Feedback and Consultation on current services

People living with dementia and their family carers

At the April 2018 SHINDIG (Sheffield Dementia Involvement Group) meeting¹⁹, members were asked how access to information could be improved:

- *“Don’t know what’s out there”*
- *“Council could do more to advertise what’s available”*

SHINDIG members were asked at their March 2019 meeting²⁰ about the places that they currently use to access dementia information, advice and support. A key source was from other people with dementia and other family carers / supporters, through groups such as SHINDIG, dementia groups and peer support groups, which demonstrates their value:

- *“People may or may not want to join a group – but in fact it helps when you join a group”*
- *“Peer support is the most important – learning from your peers is more valuable than listening to a professional”*
- *“Being in peer support groups is more relaxed – no-one will tell you you’re wrong”*
- *“Peer activities reduce self-consciousness – it doesn’t matter if you make a mistake”*
- *“You get to find out about benefits and support – most information we find out comes from groups like this rather than going asking for advice”*

Attendees were also asked about the challenges they face in accessing information, support and services. People spoke about not always knowing who to contact for what:

- *“Finding information about services and activities can be difficult”*
- *“Need a list of useful numbers!!”*
- *“Need a directory of up to date information”*

At July 2020’s SHINDIG (Sheffield Dementia Involvement Group)²¹, one of the questions was ‘Have you known how and where to get dementia support, information and services?’ Responses included:

- *“If I have a problem who do I ring?”*
- *“Why is it all online? That’s no use! I need a telephone number. Isn’t there just one telephone number for Sheffield?”*

¹⁹ SHINDIG Report – April 2018 – What Support and Care is needed to Live Well with Dementia: Informing Sheffield Dementia Strategy <https://www.shsc.nhs.uk/get-involved/service-user-groups/sheffield-dementia-involvement-group-shindig>

²⁰ SHINDIG Report – March 2019 – Information, Advice and Support Services: Experiences and needs of people living with dementia <https://www.shsc.nhs.uk/get-involved/service-user-groups/sheffield-dementia-involvement-group-shindig>

²¹ SHINDIG Report – July 2020 – The impact of Covid-19 and lockdown on people with dementia <https://www.shsc.nhs.uk/get-involved/service-user-groups/sheffield-dementia-involvement-group-shindig>

There was also positive feedback about community dementia support when members were asked 'What services have you used or been supported by during lockdown?' Responses included:

- *"Regular welfare telephone calls"*
- *"Accessing various groups and activities via Zoom"*
- *"Food parcels and 'goody bags'"*

Commissioners also attended (online) dementia groups run by People Keeping Well community dementia providers during the autumn of 2020²², to hear the views of people living with dementia and their family carers on the current community dementia services. Positive feedback included:

- *"She [my wife with dementia] wouldn't go out, but at the café [before lockdown] she got up and sang and danced because she became more confident"*
- *"I struggle during COVID for things to do, but the Zoom dementia café once a week is good, better than fortnightly"*
- *"The Zoom dementia café is better for [my husband with dementia] – we'd tried the actual dementia café before but it was difficult for him to join in due to other problems"*
- *"This online group is one of my only interactions with people during the week. Apart from this I'm completely isolated and not going out"*
- *"He [my husband with dementia] needs stimulation – he's just sleeping all day"*
- *"It's a sense of community"*

Comments from people living with Dementia and their carers who attend Sheffield's online Dementia groups



²² Parson Cross Forum Memory Café 29/09/2020 and Thank You video 31/08/2020, Dore Rosemary Dementia Café 22/09/2020

Comments from people living with Dementia and their carers who receive support from their local community dementia worker

"When this Coronavirus happened you've been absolutely wonderful and kept us all in contact and I'm sure we wouldn't have coped like we do without you"

"It's a lifeline for us, especially through this Covid. Don't know where we'd have been if it hadn't been for this"

"You're the only people, other than the other family carers, who are even bothered about us. Friends don't ring, but if I don't turn up on an online Memory Café day you ring and find out what's up with me. I can't thank you all enough, and the volunteers"

Attendees also identified gaps in the current community dementia provision:

- *"Knowing where to access services is the problem"*
- *"There's a lack of reliable and up-to-date information"*
- *"The information is there, but I need to know how to deal with the dementia as it progresses"*
- *"It was difficult to get hold of people to find out what there was"*
- *"We don't really know what's available"*
- *"Isolation and loneliness is the big problem"*

In March 2021 the Sheffield Dementia Strategy Implementation Group circulated a survey to monitor progress on the Sheffield Dementia Strategy Commitments 2019-2024. The survey particularly asked respondents to answer in relation to the previous 12 months (ie since the start of the COVID-19 pandemic in March 2020).

In response to the question "What has helped make things better or easier for you? (this might include about care, support, or information and advice)" answers included:

- *"The referral to local [dementia] services who despite the restrictions have gone out of their way to support with calls, referrals to other agencies and keeping us occupied with activities and support like joining a Zoom"*
- *"Having an assigned contact in my community. They have helped with signposting, activity support and keeping in touch and updated especially with Covid info. This has been most helpful and kept me feeling less isolated and supported as I knew they would call and send things and that I could talk through my worries and concerns - the staff worth their weight in gold 10/10"*
- *"I am living alone. I felt so alone due to all my family live out of town. I was so pleased [the] dementia link worker stayed contacted with me throughout"*
- *"My friends and family, neighbours and dementia link worker made this hard time easy for us by staying in touch and been a listening ear for us and gave us hope and positivity"*
- *"The simple training I received by the team at [People Keeping Well dementia support organisation] who showed us how to become more Dementia aware"*
- *"The amazing activity packs which were focused round our needs. They actually kept me going with my mum"*

- *“Invitation to join the Dementia Cafe via Zoom - this has been a lifesaver during lockdown”*
- *“The group Zoom calls have helped. It’s nice to meet up with people, learn more about dementia and hear what others have gone through. The activities have brightened up the day for my mum who is at home with little contact during the current situation. She’s really looked forward to them”*
- *“The support group helped with understanding dementia and it’s different ways of manifesting itself. Strategies to try etc”*

In response to the question “What do you wish could have been different? (this might include about care, support, or information and advice)” answers relevant to community dementia support included:

- *“It is a shame there is not a central well-known service offering information and advice”*
- *“More easy access to support and care. Where we can find help. I’m not a digital person”*
- *“Strategies of coping with someone who has dementia”*
- *“More information and advice initially, a booklet and ‘ring if you need help’ wasn’t enough when you are struggling with a diagnosis and worrying about the future. I have got most of my information from Facebook carer groups”*
- *“Much more available information in one place”*
- *“I still think there needs to be something more that people can tap into online to learn more about dementia in a more day to day aspect of the illness. It’s all very medical and doesn’t really help you to make adjustments that suit how you will all need to live in your circumstances. I feel I’m having to dig around everywhere to learn more. Although the Zoom calls initially did go some way to helping with the info”*
- *“Too much information given at the beginning. Was too much for my parents to take in. Information should be staggered when a need arises. Contact details of someone they can phone”*

Professionals

Following an event in February 2020 to review Year 1 of the community dementia provision, a workshop ‘Community Dementia Support beyond 2021’ was held with professionals in November 2020, towards the end of Year 2. These meetings²³ found that the aspects of the current community dementia support ‘system’ which are working well are:

- It is based on local need
- There is flexibility within the contract
- It has enabled good partnership working across the city
- Referrals have continued through the pandemic and there is growing credibility amongst other professionals in other health and social care teams
- The initial phonecall upon diagnosis helps to build relationships with people with dementia
- Dementia Groups and Dementia Carers Groups are a real support to people, even online
- Additional support for those at/near crisis point is very valuable

²³ Dementia workers from: Age UK Sheffield, Darnall Wellbeing, Darnall Dementia Group, Dementia Advice Sheffield, Enrichment for the Elderly, Heeley City Farm, Heeley Trust, Manor & Castle Development Trust, Parson Cross Forum, Reach South Sheffield, Sheffield Dementia Action Alliance, Shipshape, SOAR, Stocksbridge Community Care Group, Woodhouse & District Community Forum, Zest

- Dementia training has been very positive

The professionals also identified a number of gaps in the current provision. Those within the scope of this Commissioning Plan were:

- People with dementia or their family carers are not able to self-refer into community dementia provision through one single centralised access point
- Publicity needs to improve for and about other professionals/services
- Dementia carers require more support
- There is a lack of individual support
- Dementia workers require more centralised support
- Concerns about adapting services in the post-pandemic future

In March 2021 a meeting was also held with the providers of the 4 Dementia Cafés which are currently contracted to meet in 4 specific locations²⁴. These 4 Cafés are a legacy of previous commissioning and were established before Dementia Cafés and Groups and Dementia-friendly activities were set up across the city in the 18 different partnership areas. It was felt in the meeting that:

- These cafes offer more 1-1 support/advice to people in a quieter setting and safe space
- The people who attend these 4 dementia cafés usually also link into other dementia activities and some areas have tried to replicate the cafés as part of their existing work
- Some have this as part of the People Keeping Well dementia offer anyway
- Most could be merged into current PKW dementia activities
- In some areas this is additional to the ongoing PKW work
- Most seemed to understand the need to share the experience across the city rather than in these 4 specific locations
- There remain some sensitivities with the existing volunteers around moving to other cafés.

4. Proposed new Community Dementia Support Commissioning Plan

Reasons for proposed changes

Based on the evidence provided above, some changes are proposed to the existing services, in order to better serve the non-medical social needs of people living with dementia and their family carers.

This is because:

- There is currently no easy single point of access for people with dementia directly into local support
- Due to the pandemic, some provision has naturally merged
- Some services duplicate the work of other services
- Some services have struggled to deliver effectively during the current delivery period

²⁴ Meersbrook, City Centre, Bighton, Hillsborough

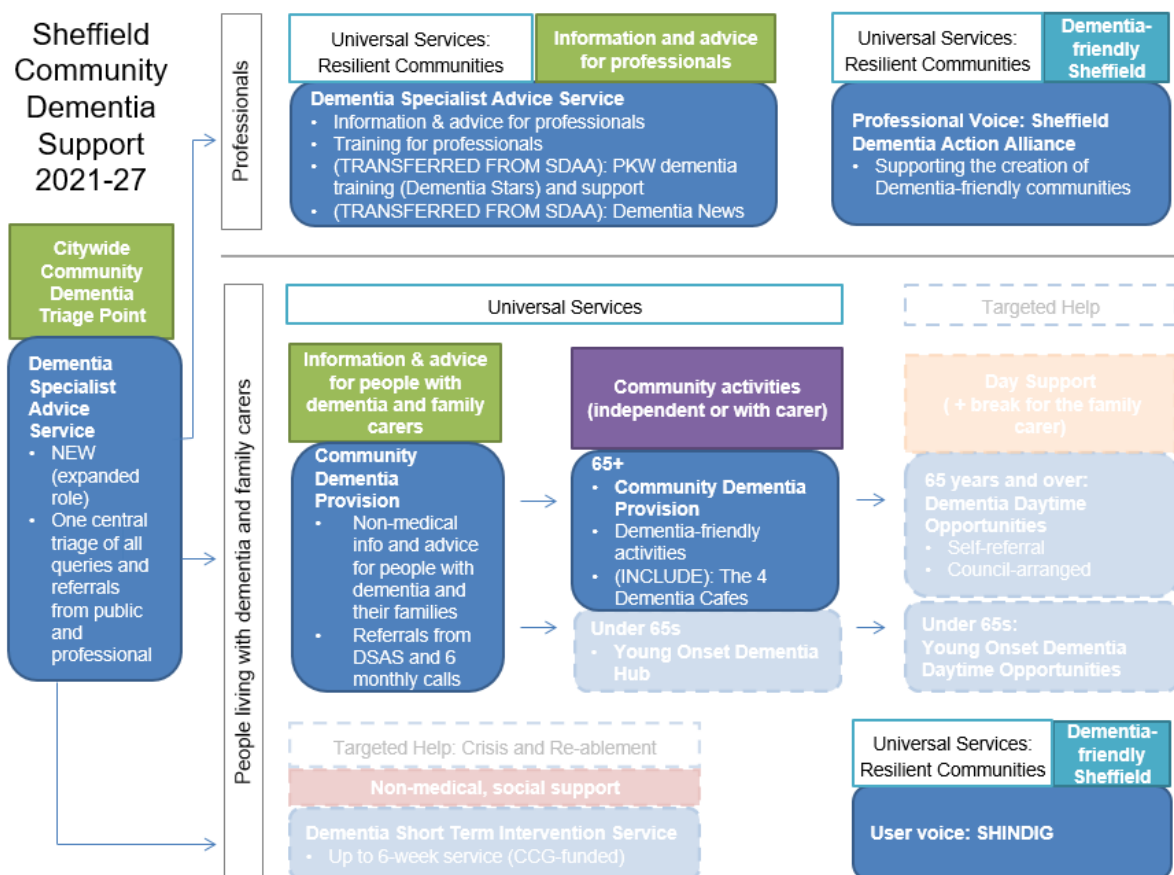
Proposed changes to current community dementia support

The diagram below illustrates the proposed minor alterations to the current provision.

Please note that the following services (shown in the paler dashed-edge boxes) are outside of the scope of this Community Dementia Support Commissioning Plan:

- Young Onset Dementia Hub – commissioned until March 2025
- Day Support – commissioned under Dementia Daytime Opportunities
- Dementia Short Term Intervention Service – funded by NHS Sheffield Clinical Commissioning Group

The Community Model



Community Dementia Support Commissioning Intentions 2021-2027

Service	Aligned to Dementia Commissioning Principles	Aligned to Dementia Commissioning Objectives	Change	Rationale	New Description
Dementia Specialist Advice Service (for public and professionals)	<p>1. To support people with dementia and their families to:</p> <ul style="list-style-type: none"> • Develop and build resilience • Access suitable relevant and timely information and advice • Access good quality community support • Remain independent, safe and well for as long as reasonable <p>2. To develop 'dementia friendly communities' in Sheffield, in which people with dementia are empowered to have high aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them.</p>	<p>1. To ensure people receive good quality information, advice and guidance at the right time</p> <p>3. To invest in building capacity within organisations and upskilling our communities to support people with dementia (i.e. providing advice to organisations about making services and activities more dementia friendly and offering training and awareness sessions)</p> <p>4. To invest in the local voluntary, community and faith sector</p>	<p>Re-commission:</p> <ul style="list-style-type: none"> • Refreshed tender for a contract • New: Sheffield Community Dementia Triage Point for public as well as professionals • Transfer into this contract: Training and support for PKW dementia workers • Transfer into this contract: Sheffield Dementia News for professionals • Remove: Case Reviews 	<ul style="list-style-type: none"> • Filling access point gap for public identified during feedback and consultation • Consolidate dementia training within one organisation • Main initial source of information for professionals and public • Case Reviews under-utilised and now covered by Dementia Short Term Intervention Service 	<ul style="list-style-type: none"> • Act as single point of access for all dementia enquiries, including for the public • Link all those newly diagnosed with dementia, and those contacting the triage point, to their local community dementia provision • Provide dementia guidance and training for PKW dementia workers and professionals
Community Dementia Provision	<p>1. To support people with dementia and their families to:</p>	<p>1. To ensure people receive good quality information, advice and guidance at the right time</p>	<p>Re-commission:</p> <ul style="list-style-type: none"> • As a grant • Incorporate all areas of the city in same 	<ul style="list-style-type: none"> • Grant funding method aligned with other People Keeping Well funding methods 	<ul style="list-style-type: none"> • Initial phone call on referral from Dementia Specialist Advice

	<ul style="list-style-type: none"> • Develop and build resilience • Access suitable relevant and timely information and advice • Access good quality community support • Remain independent, safe and well for as long as reasonable <p>2. To develop 'dementia friendly communities' in Sheffield, in which people with dementia are empowered to have high aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them.</p>	<p>2. To ensure people and their families are listened to and involved in future service shaping</p> <p>4. To invest in the local voluntary, community and faith sector</p> <p>5. To increase the number and range of activities across the city for people with dementia and their families, enabling people to live well, at home, for longer</p> <p>6. To focus on prevention and increasing awareness about how lifestyle changes can reduce the risk of developing dementia</p>	<p>process (ie People Keeping Well, South West, Stocksbridge & Upper Don, and South Sheffield)</p> <ul style="list-style-type: none"> • Increase in funding for each area • Local dementia provision based on local needs 	<ul style="list-style-type: none"> • The Community Dementia Provision has supported well, especially during the pandemic 	<p>Service and six-monthly check-in call thereafter</p> <ul style="list-style-type: none"> • Provide dementia information, advice and support • Run regular dementia-specific and dementia-friendly groups • Dementia Small Grant pot
4 Dementia Cafés in specific locations (a legacy of previous funding)	n/a	n/a	De-commission	These 4 Cafés will continue to exist as they have been incorporated within the PKW dementia groups/café/activities, but there is no longer any need for them to be separate	n/a
Sheffield Dementia Action	2. To develop 'dementia friendly communities' in Sheffield, in which people	3. To invest in building capacity within organisations and	Re-commission: <ul style="list-style-type: none"> • Continue as a grant 	<ul style="list-style-type: none"> • Training and support for dementia professionals more 	<ul style="list-style-type: none"> • Encourage organisations/communities to

Alliance (SDAA)	with dementia are empowered to have high aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them.	upskilling our communities to support people with dementia (i.e. providing advice to organisations about making services and activities more dementia friendly and offering training and awareness sessions) 4. To invest in the local voluntary, community and faith sector	<ul style="list-style-type: none"> • Transfer: Training element and support for PKW dementia workers • Transfer: Sheffield Dementia News for professionals 	<p>suited to being delivered in one place by a service for dementia professionals</p> <ul style="list-style-type: none"> • A toolkit will already have been developed to support Sheffield communities to become dementia friendly • An element of the existing grant was to make itself more sustainable 	<p>work towards becoming Dementia Friendly Communities</p> <ul style="list-style-type: none"> • Help organisations/communities make their activities/services more accessible to people with dementia and their family/carers
SHINDIG (Sheffield Dementia Involvement Group)	2. To develop 'dementia friendly communities' in Sheffield, in which people with dementia are empowered to have high aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them.	2. To ensure people and their families are listened to and involved in future service shaping 6. To focus on prevention and increasing awareness about how lifestyle changes can reduce the risk of developing dementia	<p>Re-commission:</p> <ul style="list-style-type: none"> • Continue as a grant 	Allow more flexibility in the methods of collecting user voice feedback – not necessarily limited to 4 large events per year	<ul style="list-style-type: none"> • Gain user voice feedback on dementia services from events and sessions • Produce and share a report on each topic
TOTAL			£449,000		

The increased investment will be met from the current wider dementia budget.

Out of scope

Young Onset Dementia Hub	<p>1. To support people with dementia and their families to:</p> <ul style="list-style-type: none"> • Develop and build resilience • Access suitable relevant and timely information and advice • Access good quality community support • Remain independent, safe and well for as long as reasonable <p>2. To develop 'dementia friendly communities' in Sheffield, in which people with dementia are empowered to have high aspirations and feel confident, knowing they can contribute and participate in activities that are meaningful to them.</p>	<p>1. To ensure people receive good quality information, advice and guidance at the right time</p> <p>2. To ensure people and their families are listened to and involved in future service shaping</p> <p>4. To invest in the local voluntary, community and faith sector</p> <p>5. To increase the number and range of activities across the city for people with dementia and their families, enabling people to live well, at home, for longer</p> <p>6. To focus on prevention and increasing awareness about how lifestyle changes can reduce the risk of developing dementia</p>	<p>Re-commission after March 2025:</p> <ul style="list-style-type: none"> • No current change 	<ul style="list-style-type: none"> • New service only started October 2020 • Current contract runs until March 2025 	<ul style="list-style-type: none"> • Provide specific young onset dementia information, advice and guidance • Provide and connect people with young onset dementia into activities, groups, courses or support specific to living well and remaining independent with young onset dementia, and if appropriate, remaining in work.
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Timeline

The current contracts and grants have a variety of end-dates. In order to utilise and re-purpose the funding in the most effective way, one existing grant will require a slight extension.

Service	Current end date	Proposed Extension	Start date for next grant/contract
Dementia Specialist Advice Service	31/03/2022	None	01/04/2022
Community dementia provision	31/12/2021	None	01/01/2022 with variation from 01/04/2022
4 Dementia Cafés	31/03/2022	None	n/a
Sheffield Dementia Action Alliance	30/11/2021	01/12/2021 to 31/03/2022	01/04/2022
SHINDIG	30/11/2021	None	01/12/2021
Young Onset Dementia Hub	31/03/2025	None	01/04/2025

The extension for SDAA will enable it to develop a sustainable model following a period of organisational change during the current grant period.
